



IOWA
STATE ASSOCIATION

Grilled Cheese Challenge

Event Details: (Level 1, 2, or 3. This can be a team event of no more than 2 or individual.)

Directions: The challenge is to create a grilled cheese sandwich that is unique to you! Student members will have 30 minutes to create your grilled cheese and the recipe must include at least one type of cheese, protein, and any additional ingredients as the member sees fit. Student members must provide their own ingredients (bread, cheese, protein, and additional ingredients). Saute pans and burners are provided for use. Members should make sure that all products brought are well refrigerated in a cooler. Level one will start following with level 2 and then 3. Members need only prepare one sandwich for the judging panel. Please include a recipe card and also a placard (something fun - plate, napkins, etc.) displaying your sandwich.

Identification: Placard should include sandwich name, member name, chapter, and level

Submission: On-site at event

	Incomplete	Does not meet expectations	Somewhat meets expectations	Meets Expectations	Exceeds Expectations	Points
Includes all of the required ingredients	1	2	3	4	5	
Demonstrated food safety steps	2	4	6	8	10	
Taste/Flavor	2	4	6	8	10	
Looks/ Presentation of Sandwich	1	2	3	4	5	
Plating is visually appealing	1	2	3	4	5	
Recipe Card Included	1	2	3	4	5	
Recipe is creative and balanced	2	4	6	8	10	
Total Points Possible 50						
Ranking (complete after scoring)						
Comments:						