

# Iowa Peer Education National Programs

Iowa FCCLA offers nine National/peer education programs to help students **develop real world skills for life** within Family and Consumer Sciences (FCS) education. Each National Program is designed to be integrated into the FCS classroom to help reinforce **lessons** with **opportunities** for **hands-on practice**.

# Goals of the Program

- The Goal of **National Programs/Peer Education** is to guide members to **develop, plan, carry out** and **evaluate** their projects through activities to improve the quality of life in their communities and schools. Members develop their **voice** to make a **positive impact**.

# FCCLA Role

1. You are an **Affiliated Member**.
2. Register on the state website for the team(s) you want to be a member of.  
<https://iowafccla.org/peer-education>
3. Work with your peers to create project that will impact your school and community.
4. Report your projects by the designated due dates.
5. Apply for State and National Recognition.

# Registration

## Registration & Submission

Registration Fee: \$10.00 per team member

(Includes: Digital Certificate & Award Pin at SLC)

Please submit a new form for EACH team you are registering for your chapter. A team may be comprised of anywhere from one (1) to five (5) members.

Registration Due: November 14, 2025

# How to Register Your Teams

1. Go to **Iowa FCCLA**
2. Click on Programming
3. Go down to Peer Education
4. Peer Education Registration
5. Click on the team (Families First, FACTS..)
6. How to register more than one team?

# Format for Projects

1. Members complete three projects (based on one National Programs)

Members will be turning in the three projects based on the due dates listed. Projects will be reported on the state website using the Google doc reporting system.

# Project Due Dates

If members are doing the three smaller projects (based on one of the National Programs). These are the due dates to submit your completed projects by:

**Project 1    Friday, December 5, 2025**

**Project 2    Friday, January 23, 2026**

**Project 3    Friday, February 20, 2026**

# Second Format for Projects

2. Members complete **ONE LARGE** project (based on one of the National Programs) At each due date listed, members will submit what they have accomplished while working on the large project **AND final submission is *proof* of National Project Submission**,

[www.fccla.org](http://www.fccla.org) (not public relations)

# One Large National Programs due Date

- **Friday, December 5, 2025 - Explanation of what your project is about and the time frame you will be following.**
- **Friday, January 23, 2026 - Details of what you have accomplished and what you have to complete.**
- **Friday, February 20, 2026 - Proof of completion of project and Proof of National Project submission**

# Large Project Requirements

- National FCCLA offers ***national recognition*** to chapters that complete a project from the national programs.
- This honor includes cash awards and special recognition at the National Leadership Conference, online, and in Teen Times magazine for the top chapters.
- Chapters apply online for recognition for their hard work and innovative projects with the National Program Award Applications available on the FCCLA national website under Awards.
- **Deadline:** Award Applications must be submitted by March 2. The online award system will automatically close March 2, 5:00PM EST.

# National Program Award Submission

## National Award Applications



**Ryleigh Birchmier**  
**VP of Membership**



# Career Connection Units

- **My Skills** - Members learn about themselves and practice being productive, promotable employees as they link their personal interests, skills, and goals to careers.
- **My Life** - Members learn to manage interconnected roles in careers, families, and communities by exploring choices and skills that help balance these roles.
- **My Career** - Members gain a better understanding of work and learn how to find and land a job.
- **My Path** - Members identify steps they can take to reach career and lifestyle goals.

# Project Suggestions

- Create a poster featuring colleges that have FCS programs. Research the top five colleges and compare the offerings from each of these institutions.
- Create a “Day in the Life” video walking through a day in the life of four different careers.
- Invite people from your community or teachers to help conduct mock interviews after learning the do’s and don’ts. Ask the community members and business partners to discuss the details they want to see in an interview.
- Create a community connection map. This could be an article for the local newspaper, a bulletin board or digital map of local businesses. The information should highlight career options in your community and the education required for these careers.
- Invite a FCCLA Alumni to speak to FCS classes about FCS helped them in their current career.

# Project Suggestions Continued

- Plan a lesson on soft skills and personality test lesson to be used with two or three FCS classes. Evaluate and share the results with the classes for closure, leaving all student names anonymous to avoid judgmental comments.
- Host a career fair for high school students, focusing on showcasing career paths, education, military options, and the various trades; electrical, heating/cooling, plumbing, mechanical, technology.
- Create a 60-second “Life Commercial” promoting your future self and your goals. Explain how you envision your future self and share your video at school. Encourage your peers to make the same video to share with others.
- At your chapter meeting or District FCCLA Meeting, ask everyone to donate items to be placed into a “Comfort Kit” These kits will be donated to a Ronald McDonald House for families who are experiencing stress and provide comfort to them and their families.



**Nora Lutter**

**VP of Community Service**



# Community Service Units

- **Learn** - Members explore personal values, ethics, and ethical decision-making while evaluating their community needs.
- **Lead** - Members learn how to use their leadership skills to serve their community and how to transfer those servant leadership skills to the workplace.
- **Serve** - Members are introduced to the critical role community partnerships and advocacy play in serving the needs of others while also developing their own community-based service.

# Final Project Suggestions

## Unit – Learn

- **Create a presentation or article to present to a class or group about childhood cancer and how it affects families. Then, research ways to help those who have been affected. For example, you can research or reach out to The Ronald McDonald House, Children’s Cancer Connection, “Make-A-Wish of Iowa”, and many more.**
- **Conduct a meeting or assembly to share about The Ronald McDonald House. Then gather a group of people to help give back. This could involve going to the nearest house and volunteering there, having a pop tab drive, or donating items from their Wish List.**
- **Research Make-A-Wish Foundation and explore how they have assisted families in your area and around the world. Use that research to make an informational video or presentation and corresponding worksheet to fill out during the video or presentation. Share your video/presentation with a class or group.**

# Final Project Suggestions

## Unit – Lead

- Host a drive for essential items for your local hospital, medical facility Children’s Cancer Connection, Ronald McDonald House, or Make-A-Wish Foundation. Contact them and ask which items are in high demand or considered “essentials”. Use these ideas to advertise your drive, set a goal and include your school and community with the project. Take pictures of the drive in all stages, from start to finish, to share with your school and community. Ask community organizations, local churches if they would like to collaborate with FCCLA Peer Education members to make this project a huge success!
- Organize an event such as a game night, movie night, or school dance, where entry requires either a financial donation or an item from the Ronald McDonald House Wish List. Create a poster or social media post to inform attendees about the purpose of their contributions and where their money will be donated.
- Collaborate with your elementary, middle, and high school students to collect board games, card games, blankets, stuffed animals, and other items to donate to your local hospital, nursing home, and medical care center. Encourage elementary, middle, and high school students to create handwritten cards and notes for patients and senior citizens.

# Final Project Suggestions

## Unit - Serve

- Volunteer to help clean or make meals at your local Ronald McDonald House.
- Gather a group of friends to volunteer at a local soup kitchen, food pantry, community-clothing closet, or any other organization in your community. Create a video, presentation, or article for the newspaper, or start a vlog to share your experiences that you have learned.
- Gather a group of people from your community to put together tie blankets. You can either purchase the fabric or have someone donate. Use this meeting as team building and a way to give back to your community. Donate these blankets to the Children's Cancer Connection, emergency room, law enforcement, or homeless shelter.



**Avery Hunt**

**First Vice President**



# Families First Units

- **DYNAMICS** - Understanding families and family relationships
- **BALANCE** - Enabling young people and families to prioritize self-care and overcome the obstacle
- **DEVELOPMENT** - Learning how to nurture and care for children
- **SAFETY** - Prioritizing and practicing safety within families
- **SKILLS** - Developing strategies to be a good family member

# Families First Project Suggestions

**Dynamics** – Understanding families and family relationships

## Family Roots & Branches

Goal: Help students explore their own family dynamics and understand how communication styles, traditions, and roles shape relationships.

Activities - \* Host a “Family Traditions Fair” where students create small displays about a tradition their family values. \* Lead a short peer education lesson on identifying healthy vs. unhealthy communication patterns. \* Provide “Family Bonding Activity Cards” with simple, low-cost ideas (board games, walks, cooking together)

Teach peers how to identify their own family strengths and ways to strengthen those connections.

Evaluation – Pre/Post surveys on “Do you know at least one new way to strengthen your family relationship?”

Count the number of activity cards taken.

# Families First Projects continued

**Balance**- Enabling young people and families to prioritize self-care and overcome obstacles

## Balance Blueprint

Goal: Show students how balancing school, work, and family responsibilities can reduce stress and improve relationships.

Activities: \* Create a weekly “Self-Care & Family Time Planner” template for peers to fill out. \* Lead a workshop on setting boundaries, stress management, and asking for help when overwhelmed. \* Start a “7-Day Balance Challenge” where students commit to one small self-care action and one family interaction per day.

Teach time management, stress reduction and healthy prioritizing strategies.

Evaluation – Collect challenge-tracking sheets, Short reflection: “What was the hardest part about balancing self-care and family time?”

# Families First Projects Continued

**Development** – Learning how to nurture and care for children

Raising the Next Generation

Goal: Educate peers on child development stages and positive caregiving strategies.

Activities:

- \* Host a “Baby Budget Challenge” where students plan for the expenses of raising a child for one year.
- \* Create “Milestone Cards” showing what skills children typically develop at different ages.
- \* Partner with a local daycare or preschool for a volunteer day and share the experience with peers.

Teach the importance of meeting children’s emotional, physical, and developmental needs at different ages.

Evaluation – Have participants complete a “One Thing I Learned about Parenting” slip after activities.

Tally participation in challenges or volunteer events.

# Families First Projects Continued

**Safety**- Prioritizing and practicing safety within families

“Safe & Sound”

**Goal:** Increase awareness of safety practices in the home and community to protect all family members.

**Activities:**

\* Create a “Home Safety Checklist” for families (fire drills, internet safety, first aid, safe storage of medication/cleaning supplies/chemicals in the garage)

\*Host a safety fair with booths on different topics. Invite these service areas from your community to host a table to teach. (Fire safety, emergency contacts, online privacy, first aid, water safety, stranger danger)

Teach both physical and digital safety strategies that apply to all ages.

**Evaluation** – Number of checklist taken home, pre/post safety knowledge quiz. Number of attendees to the safety fair/number of community members who host a table.

# Families First Projects Continued

**Skills** – Developing strategies to be a good family member

“Better Together”

**Goal:** Help student learn and practice skills that make them supportive, respectful, and responsible family members.

**Activities:** \* Lead a peer lesson on empathy, active listening, and sharing responsibilities at home.

\* Create a “Good Family Member Bingo” card (tasks like “Do a chore without being asked” or “Give a family member a compliment”).

\* Encourage students to set a “family improvement” goal for the week.

Teach interpersonal skills that strengthen family trust, teamwork, and kindness.

**Evaluation** – Collect completed bingo cards and goal sheets. Ask participants to share one change they made at home.

# FACTS



FAMILIES ACTING FOR  
COMMUNITY TRAFFIC SAFETY



## Meg Lapka

## Vice President Of National Programs



# FACTS Units

- **People** - to understand and promote your role as a driver or passenger and keep yourself and others safe
- **Vehicles** - to understand vehicle safety and the role it plays in safety for you and others
- **Roads** - to understand and promote your role on the road as well as the safety hazards you may encounter and how to avoid or react to them

# FACTS Project Suggestions

## Unit - People

- Host a safe driving week at your school, you can share facts daily about safe driving habits or have different dress up days.
- Hold a pledge signing, having students and staff sign a safe driving pledge.
- Contact Dorcas Fitzgerald about becoming a SAFE School by using the program to educate your Peers. Contact information is listed at the bottom of the page.
- Safe Driver – Contact “Think Fast” and organize a high school assembly and present the interactive game based program. Think Fast™ Interactive was developed in 1997 to provide an engaging and educational program that tackles important topics such as underage drinking, drug use, bullying, traffic safety, and distracted driving.

<https://thinkfastinteractive.com/program/teen-driver-safety/>

# FACTS Project Suggestions

## Vehicle

- Host a vehicle safety meeting (ex: seatbelt safety, impaired driving, distracted driving, vehicle maintenance checks).
- Find your local State Farm agent and partner up with them to see how good grades can affect your insurance rates, share with your peers and community.
- Safe Kids – Katy Sowden (katy.sowden@unitypoint.org) Child Passenger Safety Tech for Iowa. She also helps run the Safety Store located at Blank Children's Hospital.

# FACTS Project Suggestions

## Roads

- Create 3-4 posters throughout the year. The topics could include: driving habits, driving issues, seatbelt safety, distracted driving, and how to drive in bad weather. Hang them where students are going to see them.
- Host a traffic PSA contest in your school. Submit your entry to National FCCLA.
- Research different models of vehicles in your budget. Compare the safety of each of the vehicles.

\*\*\*State Sponsor - ***Iowa SAFE Program*** – Specialist - Dorcas Fitzgerald, NBCMI, CPST

Des Moines, Iowa, 515.766.8307 cell      email - safeiowa@dccca.org

[Seatbelts are for Everyone Flyer](#)

[New School Safe Flyer](#)

\*\*\*State Farm is a National Sponsor





# Apply for a \$500 Stipend to Conduct a FACTS Project in Your Community

Is your FCCLA Chapter looking for a way to make a big impact this school year?

Apply for this opportunity from Iowa FCCLA, made possible by the Iowa Governors Traffic Safety Bureau, to earn a \$500 stipend to conduct a FACTS project in your community. Ten (10) local chapters will be selected to receive a stipend to help bring their project idea to life.

Applications will open in Fall 2025 and will be reviewed on a weekly basis until all ten (10) stipends have been disbursed.

## HOW IT WORKS



### STEP 1: APPLY

Develop a FACTS project idea with your chapter and submit an application. The application is located in the FCCLA Portal (Surveys/Applications tab). **Applications will be reviewed on a weekly basis until all ten (10) stipends have been disbursed, whichever occurs first.** All applications will be reviewed and approved on a first-come, first-served basis. **Sample topic ideas include Speeding, Impaired Driving, Distracted Driving, or Seat Belts.**



### STEP 2: RECEIVE \$500 STIPEND

FCCLA will select ten (10) recipients and award each chapter a \$500 stipend to develop their student-led traffic safety project.



### STEP 3: CARRY OUT YOUR FACTS PROJECT

Use your funds to conduct a FACTS project in your school or community.



### STEP 4: SUBMIT PROJECT REPORT

Upon the successful completion of your traffic safety project, stipend recipients are required to **submit a comprehensive project report by completing the FACTS National Program Award application by March 2, 2026.** This application will also make you eligible for the national awards!



### STEP 5: GET REWARDED FOR YOUR WORK

The top two (2) chapters will each be awarded \$750 in travel reimbursement to attend the 2026 Iowa State Leadership Conference. The chapter with the most outstanding youth-led traffic safety project will receive three (3) \$2,000 travel reimbursements—one for a chapter adviser and two for student members—to support attendance at the 2026 National Leadership Conference in Washington, D.C. **Total award value: \$6,000.**



**Looking for project ideas?** Use the FCCLA's FACTS program guide and resources to get started. Chapters affiliated last year can find the FACTS guide on the FCCLA Portal under the Purchased Publications Tab. **Visit [www.fcclainc.org](http://www.fcclainc.org) for more information.**



# FINANCIAL FITNESS

**Michaela Mitchell**

**Vice President of Finance**



# Financial Fitness Units

- **Earning** - sharpen on-the-job financial fitness
- **Spending** - track and plan personal spending
- **Saving** - conquer bank accounts, credit, and investments
- **Protecting** - keep financial and personal interests' safe

# Financial Fitness Project Suggestions

## Earning

- Raise Money for Change – choose an organization or charity of your choice, like a food bank, Children’s Cancer Connection, Make-A-Wish, Ronald McDonald House. Contact them and ask about their wish list for items they need. Let them know that you will be hosting a fundraiser for their organization. Think through the different types of fundraisers, like product based or free will donations, and which will fit your community best. Finally, get your community, school and FCCLA members involved. Let them know what your fundraising is for and do your best to earn money.

## Spending

- Grocery Store Budget – Every family goes to the grocery store at least once a week, so it is important to know how to spend your money wisely and get enough food to last in your family while staying on a budget. Working with a culinary class, challenge the students to plan a meal with a budget of \$20. Each student should include a recipe with directions for families to use when preparing these meals. This project helps your community to learn to cook on a budget while receiving new recipes for families to make together.

# Financial Fitness Projects Continued

## Saving

- Do research by visiting with a local bank in your community. Invite someone from the bank to come talk to a class about saving account options. To share with all your peers, create a poster, slideshow, or write an article discussing the different types of accounts. Compare the different types of accounts available to save money. Consider which account would allow you to save the most money, and examine how various accounts enable you to earn interest while saving, similar to investments.

## Protecting

- Think about how important money is in our society. Do research online and create a lesson that will educate your peers on ways to keep not only your money, identification, debit cards, and shopping on the internet. You could also arrange for someone to come speak to a class about protecting your money. Other options are to make a poster, write an article for the local paper or give a presentation from the research you have completed.

# POWER of ONE



Jayden Lowe

VP of Development



# Power of One Units

- **A Better You** - improve personal traits
- **Family Ties** - get along better with family members
- **Working on Working** - explore work options, prepare for a career, or sharpen skills useful in business
- **Take the Lead** - develop leadership qualities
- **Speak Out for FCCLA** - tell others about positive experiences in FCCLA

# Power of One Project Suggestions

## A Better You:

- **Step 1** Write a SMART goal (Specific, Measurable, Achievable, Relevant, and Time-bound)
- **Step 2** Set reminders or alarms. Replace old habits with better ones, such as writing notes or engaging more with others in public spaces.
- **Step 3** Begin practicing your plan and track your progress daily or weekly. Stay consistent but be flexible: small setbacks are normal. Build the courage to speak in front of others at a comfortable pace-there is no need to rush. Remember, it is normal to misread or forget to mention something while speaking in public.
- **Reflect and Share Results** by completing the Power of One National online submission form for recognition at the state and nationals levels.

# Power of One Project Suggestions

## Family Ties:

- Strengthen your family relationships. Example – research areas within your community that you and your family members can go and help with community service for a month or two. When finished have your family members share/document how working together as a family on community service project influenced your families relationship.

## Working on Working

- Explore careers and develop job skills that interest you. Do research on different career paths. Plan a couple job shadows in the career areas that interested you. Interview people in those career areas, have questions prepared to ask about the job. Research area colleges that offer that career path.

# Power of One Project Suggestions

## Take the Lead

- Build leadership skills and make a positive impact. Example- host a skills workshop for younger FCCLA members (middle school). Help them to understand all of the opportunities that FCCLA has to offer. Teach budgeting, time management, or explain any questions they might have about FCCLA.

## Speak Out for FCCLA

- Promote FCCLA and share its benefits. Examples- give a presentation to middle school and high school students about the benefits of being a member of FCCLA. Encourage them to join and become a member.
- Host an interest session at the District Meeting
- Run for Chapter Officer, District FCCLA Officer, and State FCCLA Officer

**STAND UP**



**Tess Nicklaus**

**Vice President of Competitive Events**

# STAND Up Units

- **Assess** current needs
- **Educate** others regarding concerns
- **Advocate** so that they can make a difference now and in the future

# Stand Up Project Suggestions

**Hidden Disabilities:** Hidden Disabilities – Also known as mental health.

This project is based on bringing recognition to those with disabilities that can't be seen, such as ADHD, Autism, Depression, PTSD, OCD, Anxiety, etc.

To start this project you can do these first three steps.

1. Reflect on what your school or district is already doing to promote mental health and well-being.
2. Look into some more types of mental disabilities.
3. Assess which one you think you should bring awareness to your school and community.

**These are three small projects. You can find more ideas at:**

<https://adayinourshoes.com/resources-to-teach-kids-about-disabilities-awareness-and-inclusion/>

1. Conduct a workshop on disability awareness, accessibility, and inclusive language, covering topics like communication tips, understanding various disabilities, and fostering inclusive environments. You can also make posters raising awareness as a project for these students to do while listening to the information you are presenting.
2. Have a speaker come into your school and talk about the struggles they have and how to help those around you.
3. You can find a community mental health program that works to reduce stigma, boost understanding of conditions, and improve access to resources. Such as starting a “Small Group” for support and education.

# Stand Up Project Suggestions

## Silence is not Strength

· Silence is not strength. This project aims to raise awareness and encourage men of all ages to adopt a positive emotional outlook on openly expressing their feelings without fear of being judged. Over the years, we have improved at not saying, “Men Don’t Cry” but the issue persists to this day. I intend for this project to raise awareness and shed light on the fact that everyone’s feelings matter worldwide. No matter the gender.

1. When organizing a group talk to men in your school, you can help advertise it by creating posters and displaying them around your school, or by making any online posts to raise awareness about your group talks.
2. Find ways to help promote men’s emotional literacy. Teach men how to identify, understand, and express their emotions in healthy ways.
3. Make a safe space or support group for men to talk about their emotions.

# Stand Up Project Suggestions

## Code of Ethics

This project is about cyberbullying. Our goal is to bring an awareness to what people of all ages say and do to others on the internet.

1. You can create lessons for teachers about cyberbullying and how to avoid being a cyberbullied.
2. Host a speaker to come and talk about the effects of cyberbullying.
3. Make a poster about how to be aware of what you say online and put them around your school.

# STUDENT BODY



**Denae Thayer**

**Vice President Of Parliamentary Law**

# STUDENT BODY Units

- **The Healthy You** - empowering teens to make wise food and lifestyle choices
- **The Fit You** - empowering teens to take charge of their health and their level of fitness
- **The Real You** - empowering teens to maintain positive mental health
- **The Resilient You** - empowering teens to live in ways that build emotional health

# STUDENT BODY Project Suggestions

## The Healthy You

- Research and gather information about school lunch nutrition. Visit with a dietician or food service manager to understand the regulations that a school is required to follow when planning meals. Create a poster that shows students the positive outcome of eating healthy. Hang this poster in your school cafeteria.
- [Food Labels](#)
- [Sugary Drinks](#)
- [Healthy Sleeping Habits](#)
- [Energy Drink Flyer](#)
- [Energy Drinks Flyer Teens](#)
- [Sugary Drinks PDF](#)
- [Snacks to Fuel Your Brain](#)

# STUDENT BODY Project Suggestions

## The Fit You

- To promote healthy fitness, host a 5K/1K color run to show the importance of fitness. Donate the money towards a cause that helps promote fitness.
- Start a workout or running club within your school and teach the importance of staying fit.
- Reach out to a fitness or physical trainer within your community to come and talk about the importance of fitness and eating right.

## The Real You

- Create a small eye catching card and hand out a card with the phrase “Be a Life Saver” with a lifesaver in the card. You can hand these out at school to students to make their day.
- Research and create a poster that shows ways to help manage stress. Give examples that people can do such as deep breathing, walking, music, mental breaks.

# STUDENT BODY Project Suggestions

## The Resilient You

- **Reach out to mental health specialist within your community. Ask for help with resources to make posters, write newspaper articles about mental health topics. Request a speaker about mental health/suicide for a school assembly or just for a class. Make posters for the bathroom that contain all of the hotline numbers that struggling teens might need.**



**Natalie Emery**

**Vice President of Public Relations**



# PUBLIC RELATIONS Units

- Branding FCCLA Across Iowa
- The goals of Iowa FCCLA Public Relations Team are to create, maintain, and protect the organization's reputation, enhance its prestige, and present a favorable image.

# National Project Suggestions

With Peer Education it is all about connecting your project to a FCCLA National Program. One goal of Public Relations is to tie this program to one of the many STAR Events.

Examples would be: ***Promote and Publicize FCCLA, Say Yes to FCS Education, Professional Presentation, National Programs in Action, Interpersonal Communication, Chapter Service Project (display or portfolio) Career Investigation.*** Below you will read different project suggestions for Public Relations. These are just suggestions. You can plan your own project.

# Project Suggestions

- **Organize a bake sale with another Peer Education team and advertise the event within the school and community.**
- **Create a social media campaign**
  - **Share how FCCLA stays connected with the family**
  - **How FCCLA members connect the school to the community through service projects**
  - **Create a highlight reel or TikTok promoting the Ronald McDonald House**
- **Create a podcast where you share what FCCLA is and how it has influenced you as a person, and what it can do for others. You could also invite co hosts and interview them about FCCLA topics.**

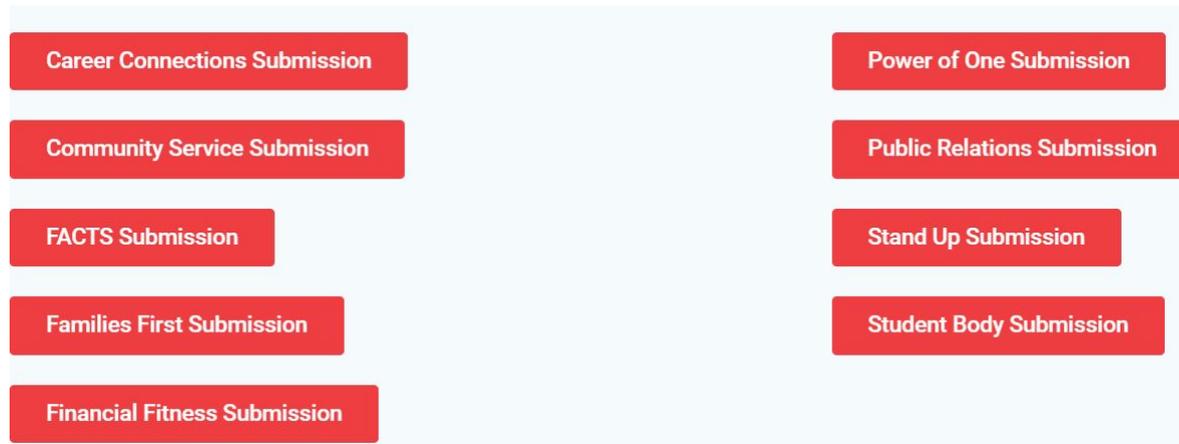
# Project Suggestions

- **Speak to a local community group about your FCCLA Chapter to create a positive relationship and potential partnerships with community organizations.**
- **Lunch and Learn with 6<sup>th</sup>/7<sup>th</sup> grade students. Visit with the students about FCCLA to help them to understand and join FCCLA.**
- **Plan FCCLA Week, magnets on FCCLA member's lockers, plan dress-up days, organize a chapter member of the week with their picture for the local newspaper.**
- **Make a chapter scrapbook. (digital or paper) (STAR Event – Chapter in Review)  
Plan a themed spirit week for awareness of the Ronald McDonald House.**

# How to Report a Project

**Website**      **[www.iowafccla.org](http://www.iowafccla.org)**

- 1. Click on Programming**
- 2. Click on Peer Education**
- 3. Scroll to the bottom**
- 4. Pick the team to report**
- 5. Answer questions**
- 6. Print a copy before submit**



# How I collect information from my members for reporting!

**FCCLA** Peer Education  
Report Form

Project

Names of team member(s) \_\_\_\_\_

Circle the team your project is reported for:

Career Connection    Community Service  
Financial Fitness

FACTS

Families First

Power of One

Public Relations

Stand Up

Student Body

Project title \_\_\_\_\_

In detail describe your project: **Who, What, When, Where, and Why.**

# **\$100 Scholarship For Each Team**

**One group of members will receive a \$100 Scholarship for One of their projects. Teams must complete all three projects to be eligible. Judges are reading the project report and looking for details about the project, they are not looking at the school districts name or names of the members. That information is not disclosed to the judges.**

# **Foods and Nutrition Classes**

**Financial Fitness -Families First- Student  
Body- Community Service**

**Healthy Meals, “Dine in Day” by AAFCS on  
December 3rd, Healthy Snacks, Affordable  
meals food budgets, affordable recipes,  
shopping from the sale ads - creative  
meals.**

**Child Development/Parenting**  
**Families First, Career Connection,**  
**Community Service, Stand Up,**  
**Student Body, FACTS**

**car seat safety, helmet safety,**  
**Human Trafficking, Babysitting,**  
**Teacher/Education, Day Care,**

# **Adult Roles / Financial Literacy**

**Families First, Financial Fitness,  
Stand Up, Student Body, Career  
Connection, Community Service**

**Projects based on jobs, community  
service, Renting/Lease, Banking,  
Mental Health**

# **Clothing/Fashion Design**

**Career Connection, Community Service,  
Families First, Financial Fitness, Stand Up**

**Advocate for others - adaptive clothing (care facilities)**

**Clothing drive, Care Closet, Careers in industry,**

**Developing skills to take care of family needs (clothing), Clothing a family on a budget,**

# **Interior Design/Housing Classes**

## **Career Connection, Community Service, Families First, Financial Fitness, Stand Up**

**Careers/realtor, Volunteer to help at low rent housing complex, make sure families have working smoke detectors in their homes**

# Career Connection Becomes a STAR Event

**Entrepreneurship, Event  
Management, Food Innovations,  
Hospitality, Tourism and Recreation,  
Job Interview, Nutrition and  
Wellness, Say Yes to FCS,  
Professional Presentation**

# **Community Service projects Become a STAR Event**

**Chapter in Review,  
Chapter Service project,  
Event Management,  
National Programs in Action,  
Promote and Publicize FCCLA**

# **FACTS Project Becomes a STAR Event**

**Career Investigation**

**Chapter Service Project**

**Focus on Children - Helmet safety**

**National Programs in Action**

**Public Policy Advocate**

# **Families First Project Becomes a STAR Event**

**Career Investigation, Chapter in Review, Chapter Service Project, Early Childhood Education, Focus On Children, National Programs in Action, Teach and Train, Teaching Strategies.**

# Financial Fitness Project Becomes a STAR Event

**Career Investigation**

**Entrepreneurship**

**Event Management**

**Hospitality, Tourism and Recreation**

**Personal Finance**

# Power Of One

## National Programs in Action

### Leadership

### Interpersonal Communication

# **Stand Up becomes a STAR Event**

**Digital Stories For Change - Online  
Chapter Service**

**National Programs in Action**

**Public Policy Advocate**

**Sustainability Challenge**

# **Student Body Project Becomes a STAR Event**

**Sports Nutrition  
Chapter Service Project  
Focus on Children  
Food Innovations  
National Programs**

# Public Relations Becomes a STAR Event

**Chapter Service**  
**Promote and Publicize FCCLA**  
**Public Policy Advocate**

# Where to Find Help!

**Janet Mann**

**Peer Education Team Coordinator**

**[janet.mann@iowafccla.org](mailto:janet.mann@iowafccla.org)**

Courtney Roll

Peer Education Team Coordinator in Training

[croll@southhardin.org](mailto:croll@southhardin.org)

# Project Examples

## Toy Drive for West Central Development



# Project Examples

## Advocate for FCCLA



# Project Examples

Positive Mindset/Mental Health



# Project Examples

Test Your Knowledge of FCCLA



# Project Examples

Go To PowerPoint

# Foods and Nutrition Classes

- Financial Fitness
- Families First
- Student Body
- Community Service
  1. **Healthy Meals,**
  2. **“Dine in Day” by AAFCS on December 3rd,**
  3. **Healthy Snacks,**
  4. **Affordable meals food budgets,**
  5. **affordable recipes, shopping from the sale ads - creative meals.**

# Foods and Nutrition

Entrepreneurship

Sports Nutrition

Chapter Service Project

Focus on Children

Food Innovations

National Programs in Action

Culinary Arts

Nutrition and Wellness

Career Investigation

# Child Development/Parenting

- Families First
- Career Connection
- Community Service
- Stand Up
- Student Body
- FACTS
  1. Car Seat Safety
  2. Helmet Safety
  3. Human Trafficking
  4. Babysitting safety
  5. Teacher/Education
  6. Day Care

# STAR Event Categories for Child Development

Focus on Children

Entrepreneurship

Career Investigation

# Questions ?